



Occupational - Physical Therapy - Adaptive Driving - Pelvic Health – Vestibular – Yoga

Office: 813-631-9700 Fax: 813-631-9770

Website: www.GingerHealth.com Email: Ask@GingerHealth.com

Media Release:

5/1/2020 Safe and Strong!

Ginger Health Occupational and Physical Therapy is now in our 19th year treating Acute and Chronic Pain and Creating Functional Independence. We are growing strong with 5 clinic locations and our Grace Adaptive Driving Program which spans across Tampa Bay, Manatee and Sarasota Counties, and Central Florida.

We are actively serving patients online, visiting them at home for individual care, or see them in the clinics.

As soon as COVID hit, we promptly switched over to telehealth services for patients locally and across the state to access our services. While they are at home, they meet with our staff online for instructions for pain relief, work-at-home modifications, exercises, self-care, and postural alignment. Safety and injury prevention is the top priority for our patients while they live and work at home. We made Youtube videos for follow up wellness discussions and exercise routines.

If home visit is needed, our therapists are available to see them for one-on-one guidance.

For those who come into our clinics, we provide effective hands-on personal care, soft tissue mobilization, using good hygiene practices. Our goal is for all to make functional progressions.

Remember that exercises, positive actions, and good socializing, either at home or in person, improve the body's immunity to combat infections. Thus we continue to guide our patients to be Safe and Strong in every way.

Be a Fighter, Not a Retreater!!!

Contact our office at 813-631-9700 for any further questions to set up an interview with our President Dr. Ginger Hoang Le, DPT



- 27553 Cashford Cir., Wesley Chapel FL 33544
 - 5035 E. Busch Blvd, Ste 7, Tampa FL 33617
 - 8455 W. Linebaugh Ave. Tampa FL 33625
 - 8726 Old County Rd 54, New Port Richey FL 34653
 - 1701 S. Alexander St, Ste 111, Plant City FL 33566
- www.GraceAdaptiveDriving.com 813-631-9622**



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Meet the Business Owner

Dr. Ginger Hoang Le, DPT, ATP, CDRS:

- Doctor of Physical Therapy, 25+ years experience treating pain and improving functions
- Master of Public Health in Epidemiology of Chronic Diseases
- Pelvic Abdominal Health specialist for incontinence, abdominal pain, pelvic pain and dysfunctions
- RESNA ATP certified for wheelchair and seating evaluations
- Certified Driver Rehab Specialist, one of the less than 1000 in the United States certified to evaluate Seniors Fit to Drive and Adaptive Driving for differently-abled person.
- ADED: Member of Association of Driver Rehabilitation Specialists
- Strong advocate of Pain Relief, Incontinence Prevention, Health Promotion and Preventive Care, including education about risk factors and management of cardiovascular diseases, cancer, diabetes, pulmonary diseases
- Invited Guest Speaker for the community (American Heart Association, Arthritis network, ALS Association (Lou Gehrig's), Rotary, Chambers of Commerce, etc.



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Social Media

Yelp

TT: <https://www.yelp.com/biz/ginger-health-occupational-physical-therapy-tampa-4>

LB: <https://www.yelp.com/biz/ginger-health-occupational-physical-therapy-tampa-5>

SG: <https://www.yelp.com/biz/ginger-health-tampa-wesley-chapel-wesley-chapel>

NT: <https://www.yelp.com/biz/ginger-health-new-port-richey-3?osq=ginger+health>

PL: <https://www.yelp.com/biz/ginger-health-plant-city-plant-city?osq=ginger+health>

Youtube: <https://www.youtube.com/channel/UCMFQJfhU2ICKnAhfdthP60Q>

Linked In: <https://www.linkedin.com/in/ginger-hoang-le-dpt-atp-cdrs-4352971/>

Facebook: https://www.facebook.com/GingerHealthFL/?ref=br_rs

Instagram https://www.instagram.com/gingerhealth_pt_ot/

Key Words:

#physicaltherapy #occupationaltherapy #physiotherapy #health #rehab #rehabilitation #PT #OT #wellness #physicaltherapist #occupationaltherapist #mobility #painrelief #yoga #exercise #recovery #pain #injuryprevention #orthopedic #pediatric #neurologic #workinjury #healthcare #outpatient #adaptivedriving #drivingrehab #seniorsfittodrive

Specialties

PAIN RELIEF and FUNCTION for all ages and abilities. We treat comprehensively head to toes for Pain, Incontinence, Muscle Weakness, Balance and Fall Prevention, Dizziness. We also evaluate Adaptive Driving Solutions via our Driver Rehab Program.

Eliminate pain, pills, and invasive procedures, improve your quality of life.

Call 813-631-9700 to set your appointment today.

ONLINE consultations available!

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History

Established in 2002

Our experienced clinicians have been in practice for more than 25+ years. We help All Ages and Abilities with Improving Function and Pain Relief.

We use Pain Relief modalities to quickly reduce pain without using medications or invasive procedures.

We also train Doctor of Physical Therapy, Doctor of Occupational Therapy, and PT/OT Assistant students from area schools.

We foster positive attitude, hard work, and empowerment for all. First, find root causes of problems, then treat naturally and scientifically using evidence based practice, to allow the body sufficient time to recover and improve. Each person views his/her health project as long term improvements. Just as one has to eat well to survive well, one has to exercise and move correctly to improve his/her health. Positive, calming, and encouraging attitude can facilitate faster improvement.



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